

Binding Spell By Wiccid

To Bind one from doing harm or further harm

Timing: At night when it's completely dark

Moon Phase: Anytime but ideally a waning moon

You will Need:

- 1) A candle for focus
- 2) A photo of your subject or their name & date of birth written on a piece of paper
- 3) A piece of black yarn/thread – at least 50 cms
- 4) A small black tourmaline crystal
- 5) Smudging (cleansing) tools

The Spell:

- 1) Create a sacred space for yourself – somewhere quiet and private. Have a small table set up with your candle, photo/paper, crystal and yarn
- 2) Cleanse yourself by either smudging or having a shower and lightly scrubbing yourself with sea salt
- 3) Cleanse your space and the crystal with a smudge stick
- 4) Cast circle or at least surround your space with a bubble of white light
- 5) Sit before your altar/table, light the candle and spend a few moments centring yourself
- 6) Think about the intention of your spell, what harm this person is currently doing to you whether emotional or physical. Pick up the photo and gaze at it for a minute allowing any feelings to well up and when you feel the intensity of these feelings has reached its peak, place the crystal in the middle and fold or roll up like a scroll
- 7) Start winding the thread around the photo as you chant the following:

*I bind you _____ (subject name) from doing any further
harm to me, any I love or yourself*

- 6) Repeat this chant over and over until the photo is completely covered in the thread.
- 7) As you chant visualise the person with their arms bound to their sides and their lips stuck together - unable to raise a hand to strike or speak harmful words
- 8) Close circle
- 9) The next morning, take the photo/paper and crystal and bury them somewhere in the Earth – preferably in mud (I like mangrove mud)

Your spell is done.

Note: You may want to work this spell for more than one night if you feel this person is strong and needs extra attention. Sometimes I will work with it for 3 nights or 7 up to the dark Moon just lighting my candle, tuning in and winding more thread around the photo/paper each night after the initial spell the first night.