

Spell to honour your Ancestors

Timing: Any

Moon Phase: Any

Intentions: To connect with your Ancestors, to honour them and thank them for their wisdom passed down, to ask for their guidance, to call them in for help

Supplies:

- An Altar or flat surface to work on
- A white candle
- A white cloth
- A chalice or nice glass and some small glasses/cups for your Ancestors (as many as you want). A shot glass or something similar would be ideal
- Some wine or mead or any other liquid offering that seems fitting
- Photos, mementos or representations of your Ancestors. This can be Ancestors that you want to work with or these photos/items can be a representation for all your Ancestors
- A bunch or at least one fresh flower/s or some fresh greenery you have sacredly collected
- An Ancestors Oracle card if you have one
- Crystals such as Lapis Lazuli, Quartz, Selenite, Amethyst
- Tools to cleanse yourself with such as a smudge stick and a lighter
- **Optional:** Some Psychic Incense and Immersion Ritual Oil to help you sink deeper and connect. You can get these off me (Wiccid Shoppe) or make your own
- If you're using the incense you'll need a heatproof container and some charcoal discs

The Ritual:

- 1) Set up an altar either in your sacred space or out in Nature using all the above listed tools + any special ones you'd like to add. For example: I did a ritual journey with my brother and added special Shamanic tools he's given me or that belonged to him. It really strengthened the connection
- 2) Cleanse yourself and your space then light your candle
- 3) If you're using it light your charcoal disc and add a pinch of psychic incense to the top so it smokes
- 4) Close your eyes and breathe deeply, allowing yourself to fall into a meditative state. In this state surround you and your space with a bubble of white light with the intention of allowing only light beings to pass (**if you wish to cast full circle instead please do**)
- 5) Now call in your Ancestors. Ask them to join you in circle visualising them filing in and sitting down with you. Acknowledge each one in the eyes as they join you. (Don't worry if you can't actually see their faces)
- 6) Ask your Ancestors if they have any guidance or wisdom they wish to share and listen carefully

- 7) Now open your eyes and set out the glasses in a circle before you. Pour a nip of your chosen offering into each glass including your own. Raise your glass, take a sip and offer your Ancestors a salutation or any words that seem fitting.
- 8) Visualise each of your Ancestors taking a sip of their offering and acknowledge each one of them by tipping your glass towards them
- 9) Thank each of them for attending your rite and imagine them hopping up and leaving or fading away.
- 10) Take the libations (offerings) out and pour them on the Earth thanking Goddess and God for this opportunity to connect
- 11) Your spell is complete. Journal any observations.

You can connect with your Ancestors anytime using this spell, meditation, prayer or guided journeys. Once the connection has been made you can call them in any time. Just remember to pay them due reverence, honour and respect.